2019
Melton Foundation
New Fellow Orientation
Berlin
Hello everyone,

We are truly honored and delighted to take this opportunity to welcome Melton Fellows and partners from all around the world to one of the most memorable highlights of every Melton Fellow.

You have taken an important step forward by choosing to embark on a future enriched with a global interconnectedness. By joining the Melton Foundation, you are now part of an outstanding network of change makers across the globe. Leading these orientation sessions over the next 5 days are our distinguished experts and partners from the greater MF network. Also supporting your success are our experienced staff members and Junior Fellow interns.

In addition to incredible fun and the memories you'll create within your global teams, you will have the opportunity to become more knowledgeable of social, sustainable, and technological trends to address the global issues facing our society while you also expose yourselves to various languages and cultures.

Over the course of your tenure as a Melton Fellow you will have times of great joy and growth as you set your course to create positive impact in our world.

We wish you every success!
The New Fellow Orientation (NFO) concludes the online training program, which you have participated in over the last eight months. All New Fellows who have joined the Foundation that year will come together in person.

It is an instance to build bonds of trust, friendship and to explore pathways to action following the NFO. It will also solidify your knowledge, competencies and perspectives developed during the online training program.

The Orientation focuses on the following core competencies: Teamwork, Leadership, Motivation, Project Management, Impact Measurement, Intercultural Communication, Self-awareness and Emotional Intelligence.

Furthermore, it provides you with different perspectives on and practices of global citizenship and explores pathways into action. Experienced Melton Fellows and trainers from leading organizations in the field facilitate the workshops and trainings in the Orientation.
How to Get To The Hostel

By taxi

mytaxi €29-36. It is recommended to download this app prior to your departure if you intend to hire a car during your stay.

<<<myaxi: Tap & Move Freely app (make sure the logo matches)

Our Tip: Use Public Transport

Single ticket (zone AB) €2,80. Moving around Berlin in bus, tram, underground (U-Bahn), and train (S-Bahn) is easy, accessible, and - according to "BVG" (Berlin Transportation Company) - hip!

Follow the instructions below and you'll be on your way in no time.
Weather Considerations & Attire

In March, the weather continues to improve, with warmer temperatures and steady rainfall chances. The average daily temperature for this month sits around 4°C (about 39°F), still chilly but with the proper warm clothing, you'll be fine outside exploring the sites of Berlin.

*Be sure to bring a laptop or tablet if you have access to one.*

For those with little to no experience in colder climates, the air can be very drying to the skin. Please be sure to bring vaseline or chapstick for cracked lips and heavier moisturizers for the skin. Attire for the NFO is casual and plenty of photos and video will be taken throughout the 5 days so keep that in mind.

Suggested general packing list:
- Face mask – if planning to go out when it's particularly windy
- Warm hats, hood or hooded top
- Neck warmer or thick scarf (turtlenecks)
- Thermal pants and tops to go under your clothing (not cotton as it captures the moisture),
- Fleece/s and long sleeves
- Long, thick socks
- Layerable clothing

Travel Insurance
All New Fellows need to have travel insurance. In case you aren't ensured already, please buy one before you start your travel. The MF covers the cost of the insurance from March 15 to March 20, 2019. If you need insurance for a longer time you need to pay the difference.

Traveling Before and After the NFO
- Sights of Berlin: http://www.visitberlin.de/en
- Public transportation in Berlin: http://www.bvg.de/en/

Things to Do in Germany/ Europe
- Tourism in Germany: http://www.germany.travel/en
- Transportation in Germany and Europe: www.goeuro.com
Navigating the Orientation

Locations

Hostel- Jugendherberge Berlin Ostkreuz gGmbH
Marktstraße 9-12
10317 Berlin
https://www.jugendherbergeberlinostkreuz.de/youthhostel/

Hasso Platner Institute - HPI (University of Potsdam)
Prof.-Dr.-Helmert-Straße 2-3
14482 Potsdam, Germany

Refugio Berlin
Lenastraße 3-4
12047 Berlin

Social Media

We encourage conference attendees to use #NFO2019 and #WhatMeltonFellowsDo on social media to engage others and make the most of their conference:

Twitter: @MFGlobalCitizen
Facebook: facebook.com/meltonfoundation

Emergency contacts

If you experience an emergency, the national number for emergency assistance is 112. For non urgent issues please message Lars or Alafia via WhatsApp.

NFO Group WhatsApp link: https://chat.whatsapp.com/Fs9Zglk2xYFetoEBoqVayU
Hello everyone!

Most meals will be organized for you but should you want something different or to explore the local cuisine, take a look at the list below. Though not a complete list, each restaurant is within 10 minutes walking from the hostel.

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Cuisine</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>MASTECA E TASI</td>
<td>Italian</td>
<td>~€10.00/ PLATE</td>
</tr>
<tr>
<td>FISCHSCHUPPEN</td>
<td>Seafood</td>
<td>~€9.00/ PLATE</td>
</tr>
<tr>
<td>NÖÖRI</td>
<td>Vietnamese Streetfood</td>
<td>~€8.50/ PLATE</td>
</tr>
<tr>
<td>SAFARI BERLIN</td>
<td>East African</td>
<td>~€8.00/ PLATE</td>
</tr>
<tr>
<td>HÜFTGOLD</td>
<td>German</td>
<td>~€10.00/ PLATE</td>
</tr>
<tr>
<td>MACHETE</td>
<td>Mexican</td>
<td>~€8.00/ PLATE</td>
</tr>
<tr>
<td>ACETO LOCANTA</td>
<td>Pizza</td>
<td>~€9.00/ PLATE</td>
</tr>
<tr>
<td>PAN BAO BURGER</td>
<td>Asian Fusion</td>
<td>~€9.00/ PLATE</td>
</tr>
</tbody>
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Program Details

*Please be aware that event timings may change throughout the program*

Day 1- Fri, 15 March [Hostel]
- 16:00 Arrival & Check-in
- 16:00-18:00 NFO Kick-off
- 19:00 Welcome Dinner

Day 2- Sat, 16 March [Hostel]
- 09:00-11:30 NF Training Reflection
- 11:30-12:30 Navigating The MF
- 14:00-17:00 Team Building
- 17:00-18:00 100 Acts Showcase
- 18:00-20:00 Dinner
- 20:00 Cultural Evening

Day 3- Sun, 17 March [Hostel]
- 09:00-12:30 Wellness & Wellbeing (workshop)
- 12:30-14:00 Lunch
- 14:00-17:30 Project Management & Social Innovation (workshop)
- 19:00 Dinner

Day 4- Mon, 18 March [Hasso Plattner Institute]
- 08:00-08:50 Travel to HPI
- 09:00-12:30 Project Team Creation Pt.1
- 12:00-14:00 Lunch
- 14:00-17:30 Project Team Creation Pt. 2
- 17:05-18:40 Travel to Hostel
- 19:00 Dinner

Day 5- Tues, 19 March [Refugio]
- 08:30-9:00 Travel to Refugio
- 09:00-11:00 Project Visit Preparation
- 12:00-16:00 Lunch (on your own, timing may vary)
- 12:00-16:00 Project Visits
- 17:00-19:00 Project Visit Debrief & Reflection
- 19:00 Farewell Dinner & Graduation

Day 6- Wed, 20 March [Hostel]
- 09:00-11:00 NFO Reflection & Evaluation
- 11:00 Check-out & Departure
Claudia is the academic director of the HPI School of Design Thinking. She develops the curricula, trains, coaches and works with students as well as executives. Claudia is also responsible for cooperation with international academic institutions.

Claudia studied Business Administration, Economics, and Social Science and received her Ph.D. in Strategic Management. She worked as Assistant Professor at Witten University and as Professor for Strategic Communication at the University of Arts Berlin. In her former life, she has also gained experience as a brand manager and strategy consultant for human centered innovation processes.

Originally from Mexico and now living in Germany, Majo is currently co-founding Sistas, a project focused on cultivating fruitful community spaces for support and development to tackle loneliness and gender inequity in Berlin, alongside studying a masters in Public Policy at the Hertie School of Governance.

For her, Design Thinking is more than an innovation method executed by an iterative process, it’s a mindset that challenges competitive social behaviors and fosters diversification which leads to collaborative innovation. Seven years ago she founded Mexico an NGO focused on social impact at the local level: sustainable development and women empowerment in her come country alongside studying a BA in Political Science.
Mana is a researcher at the HPI-Stanford Design Thinking Research Program and a PhD student at the University of Potsdam. Her research interest lies in investigating and exploring the potential and impact of teaching Design Thinking at scale, with a strong interest for online education. She holds a Master’s degree in Economics and Management from Humboldt University, where she completed her studies in Berlin, Havana, and Istanbul.

Mana was born and raised in Tehran where she also obtained her bachelor’s in Economics. She enjoys teaching, drawing, and (recently) long boarding.
Fellow Trainers & Mentors

“Life is a Sport”
Vernice is a Sports and Performance Psychology Consultant, that has worked with athletes and other performers for the last 11 years. Her expertise includes developing programs and workshops focusing on a developmental approach to Increased Human Performance.

With a personal motto of ‘learning never ceases’, Dr. V (as she is referred to by clients) also emphasizes the development of character and uses mental health, counseling techniques and various technology assisted techniques to help her clients in achieving Peak Performance in their sport, profession and/or everyday life.

“Develop your talent, shape the future.”
Johanna studied psychology at the University of Jena and received a Doctor’s Degree in Cognitive Neurosciences in 2010. She is a postdoctoral researcher at the Austrian Research and Support Center for the Gifted and Talented (ÖZBF) in Salzburg, Austria. Her work focuses on the effects and long-term benefits of different support models for gifted students as well as on the development of diagnostic and coaching approaches for gifted education.

In her spare time, she enjoys photography, reading, swimming and frequently explores her Alpine surroundings via bicycle, skis or hiking boots.
"I'm convinced that we have to start with ourselves to change the world."

A psychology student at Friedrich Schiller University, Isa is currently a Leadership Intern at the Melton Foundation. Graduating from a bilingual school with a German-French diploma and growing through international experiences such as living a year in Chile, made her believe that the only way to address successfully today's challenges of the world is through intercultural understanding and collaboration.

“Realizing how little we see or know is how we start to grow”

Pranav graduated from BMS, Bangalore last year, having studied electronics engineering. Currently he is working as a software engineer in the travel industry and he is also a Leadership Intern at the Melton Foundation. Pranav is passionate about sustainability and believes that conscious living is the start to fixing the world's problems. When not busy with work, he can be found (re)watching The Office or reading xkcd webcomics. He recently started mountain biking and learning Spanish and he would appreciate any tips on either. Or both!
Fellow Trainers & Mentors

“Effective project management is key to every successful project.”

After growing up in Heidelberg, Diana move to Jena to study psychology at Friedrich Schiller University in Jena. Later, she pursued a master’s degree in Augsburg, Germany in the field of Conflict Research. She’s been a Melton Fellow since 2013, where she had the privilege to make unique intercultural experiences and develop her capacity to become a global citizen.

Currently, she is a training facilitator, HR and talent developer at an international company in Munich, Germany.

“The betterment of society is not a job to be left to a few. It’s a responsibility to be shared by all.”

Tom is an industry expert and experienced project leader coming from a background of political affairs and technology strategy. He specializes in strategy execution, public & corporate innovation with more than a decade of experience working for leading Fortune 500 companies and the Ministry of Foreign Affairs of Denmark. Most recently Palladium Group, a social innovation firm and one of the leading partners to the United Nations and countries like the US, UK and Australia. His passion as an entrepreneur enables him to uniquely identify positive impact delivery through the use of technology and research.
Fellow Trainers & Mentors

“Embrace the chaos & enjoy team dynamics.”

Holding a master degree in social work & social management, Neli enjoys facilitating self-reflection through a systemic counseling mindset as well as creating new ideas for social innovations. With the start-up Benatna, a social web-app providing culturally sensitive sex-education, Neli and other Melton Fellows implemented their learnings and skills gained through the Melton Foundation in a real-life challenge.

A yoga session every morning is a must for her!

“My sincere hope is that New Fellows walk away with a better understanding of the foundation, how it works and the role they play in it.”

Henrika is currently a Leadership Year Intern and the Junior Fellow Board Representative in the Melton Foundation, which she joined in 2016. She is in her final year of Business Administration at Ashesi University. From the intercultural experiences that she has had so far she has learnt the importance of shared stories and the impact that small acts can have all across the world. She is interested in a vast array of topics from communications to mental health and sustainability and is looking forward to learning more about all of them.

“Embrace the chaos & enjoy team dynamics.”
"I strongly believe effective communication is key to any change we want to bring into the world, and 'kind words backed by good deeds' is a foolproof way for us to be responsible global citizens."

A Computer Science graduate who fell in love with Global Communications, Ashitha writes and reviews content, curates press releases, and cooks up media recipes for a living. A content and communications executive by day, the storyteller in her is channeled late evenings as she digs out inspiration from daily life. Ashitha has hosted about 50+ events, and public speaking is her high.

Follow Ashi's blog: https://askashiblog.wordpress.com/